



THE SOCIAL THERAPEUTIC COMMUNITY BREZA

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Breza-Social services

- **Psychosocial support**

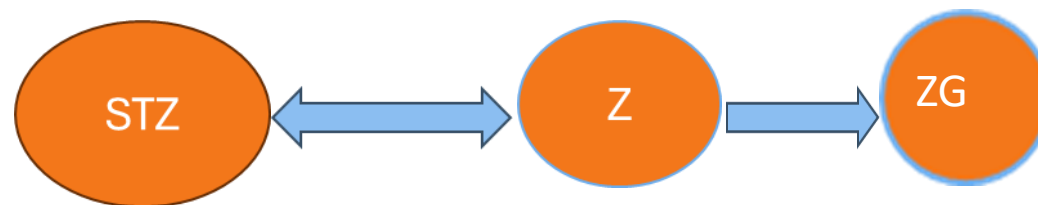
- **Organized housing with comprehensive support:**

Social therapeutic community Breza - intensive: up to 5 users (existing since 2004)

Community Dunja up to 8 beneficiaries

Community Grad 5 beneficiaries

Organized housing with occasional support 2 beneficiaries



Basic characteristics

- Work focused on resources, causes of behavior, solutions, process (process intensity)
- Planned, structured, meaningful activities in which we learn the skills necessary for independent living - occupational activities(rules, routines, rituals, consequences)
- creating new experiences and identities for the purpose of learning responsible living
- Individualized approach in accordance with goals, gradual inclusion, school, extracurricular activities, outings
- continuous psychotherapy support, individual and group / work with trauma, addiction, anxiety, self-injury, borderline...
- prompt pedagogical interventions

Basic characteristics

- The goal is emotional healing, development of self-awareness, improvement of relationships with others and long-term stability of mental health, normalization
- Involvement of the family - observes the behavior as a symptom of deeper family problems. The focus is not only on changing the beneficiary's behavior, but also on changing the family. Family therapy, when possible, part of the intervention, controlled contacts and gradual meetings
- Involvement of beneficiaries in the process of life organization and decision-making
- Leaving a mark / mosaic, mural, sculpture, project, for example, a pond, planting trees, making a cookbook, manual, collection of stories, poems...
- The importance of the location of the accommodation, the house, the garden, the environment and the preparation of the local community for the service,
- Involvement of the local community, cooperation and good neighborly help
- Domestic animals, pets, property maintenance, production of own food
- Special skills of caregivers / working hours
- small group/ continuous adaptation in relation to beneficiaries
- Length of stay - up to a year

STC LIFE IS BASED ON STRUCTURED MEANINGFUL ACTIVITIES AIMED AT LEARNING LIFE SKILL



- for developing self-esteem, positive self-image, creating new positives and creating success stories





RADNOOKUPACIJSKA TERAPIJA JE SASTAVNI SIO PROGRAMA
OBRADA VRTA, SVIJEČARSTVO, DOMAĆE ŽIVOTINJE
VOLONTIRANJE



THE NEED FOR DIFFERENTIATED SERVICES ACCORDING TO THE COMPLEXITY OF THE DIFFICULTIES / ESPECIALLY FOR THE PURPOSE OF PROTECTING CHILDREN AND YOUTH FROM THEMSELVES



Needs

- Equality of service price with state providers
- Cooperation and networking with other providers should also be encouraged by the service contractor (Ministry).
- Implementation of the Time out program
- The need for a support organization for children and young people who have multiple mental health problems (who are dangerous to themselves and others) - closed, semi-open type of support
- Cooperation and education / with the Ministry of Health, Judiciary, Police for the purpose of providing quality support to children and young people / developing a collaborative system