



SKRB
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CRISIS INTERVENTIONS IN SOCIAL WELFARE INSTITUTIONS

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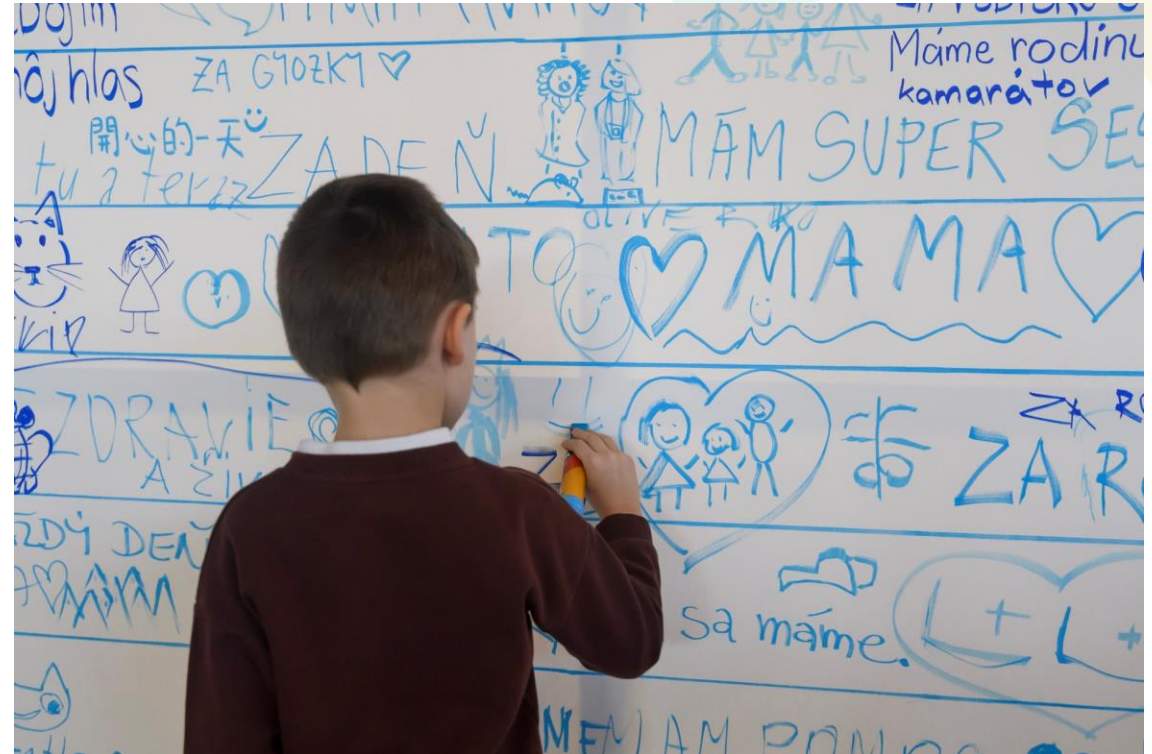
Research problem

- A population of children and adolescents becoming more and more difficult.
- The specific characteristics of children and adolescents in social welfare institutions often lead to challenging crisis situations
- Educators need to have the right skills to intervene effectively
- An unexplored area of crisis intervention competences in Slovenia

RESEARCH SAMPLE

Quantitative part of the research

- Author-designed questionnaire
- 154 educators, 56.8% of the population
- We looked at the frequency, intensity and complexity of crisis situations

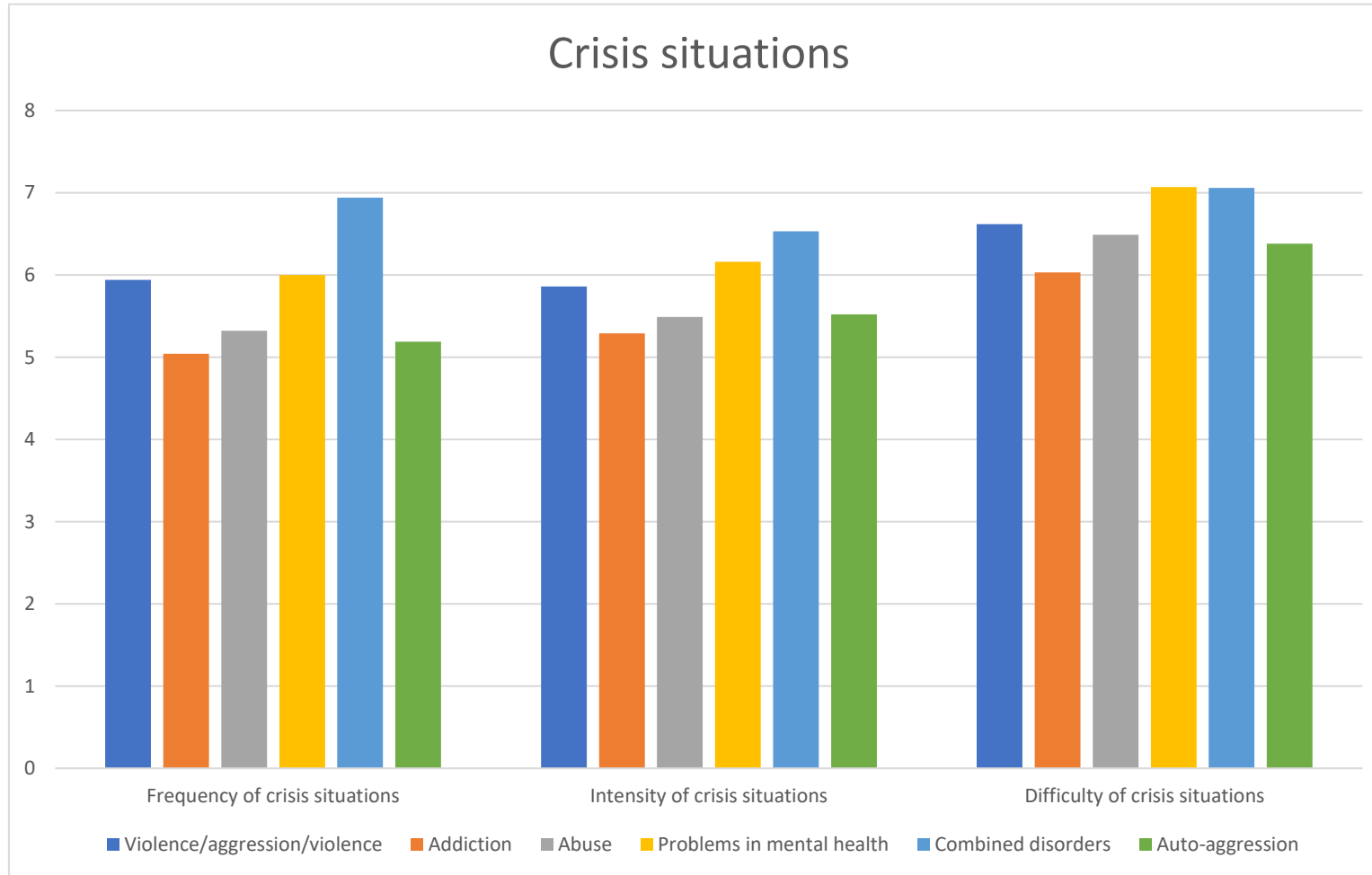


RESEARCH SAMPLE

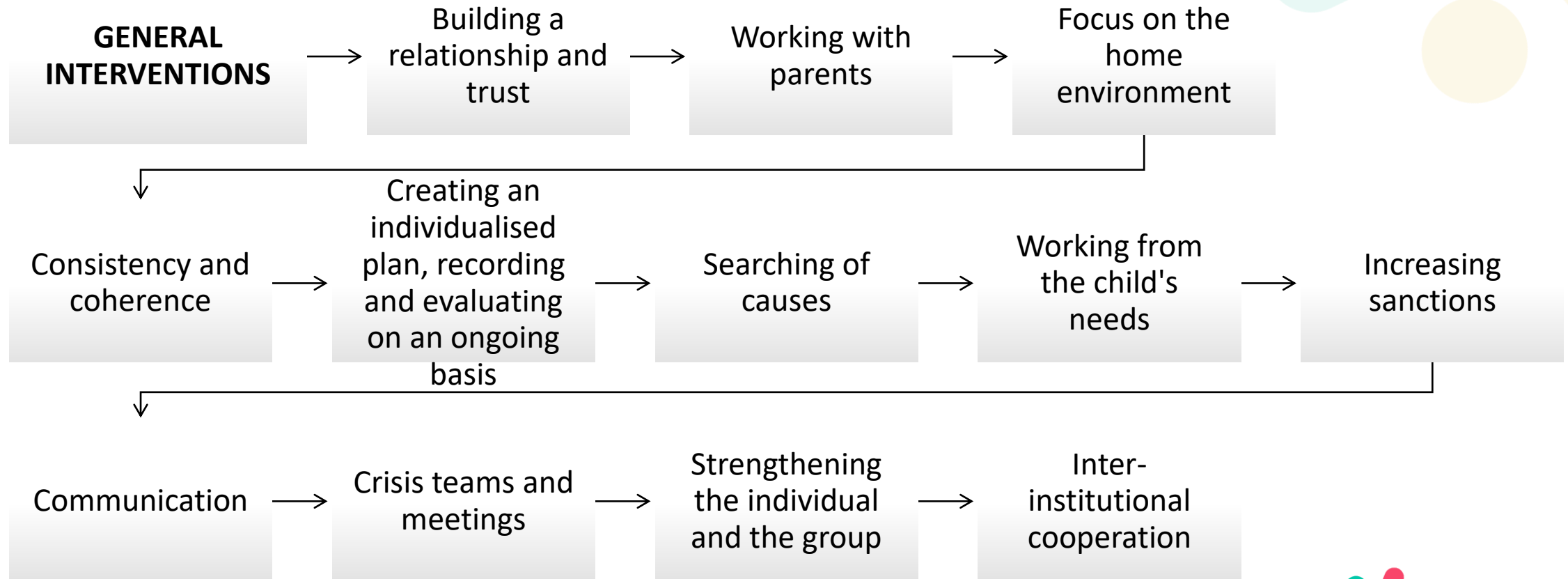
Qualitative part of the research

- Semi-structured interviews were conducted in all social welfare institutions (expert centres for residential care) in Slovenia
- 46 participants (head teachers, teachers and counsellors) took part.
- Experts from German and Slovenian academic circles.

CRISIS SITUATIONS



INTERVENING EFFECTIVELY IN SPECIFIC CRISIS SITUATIONS



PROPOSAL FOR EFFECTIVE INTERVENTION IN CASE OF AGGRESSION/VIOLENCE

Zero tolerance to violence

Rapid reaction and protection of participants and bystanders

Physical restraint and calming and removal from dangerous situations

Activating colleagues and informing the authorities

De-escalation and relaxation techniques

Protocol instead of report (minors) or report to police (over 15 years)

Pedagogical treatment and conversation

Social skills training

Prevention activities and cooperation with institutions

A PROPOSAL FOR EFFECTIVE INTERVENTION IN CASES OF AUTOAGGRESSION - Self-harm behaviour

Call for emergency medical assistance; otherwise wound care (depending on the intensity of the injury)

Increased control or extra attention

Removing potentially dangerous objects

Relief talks

De-escalation and relaxation techniques

Cooperation with paedopsychiatry

Creating a safety plan

Distraction methods

Relaxation techniques

PROPOSAL FOR AN EFFECTIVE INTERVENTION IN CASES OF USE OF ILLEGAL SUBSTANCES

If necessary,
activate
intervention
services
(ambulance
and/or police)

Increased
control or extra
attention

Observation and
waking up

Drug testing

Room overviews

Working on trust
and acceptance

Cooperation
with institutions

Raising
awareness of
negative effects

PROPOSAL FOR AN EFFECTIVE INTERVENTION FOR WORKING WITH SEXUALLY ABUSED CHILDREN/YOUNG PEOPLE

Working on
relationship and trust

Reporting protocol and
procedure (in case the
educator is a
confidential person)

Safety and support

Group organisation

Help with partner
relationships

Cooperation with
institutions

A PROPOSAL FOR EFFECTIVE INTERVENTION IN MENTAL HEALTH PROBLEMS

Relationship

Calming down and talking

Paedopsychiatric/psychiatric treatment

Medical therapy

Cognitive behavioural therapy

Cooperation with therapists and healthcare institutions

PROPOSAL FOR AN EFFECTIVE INTERVENTION IN THE CASE OF RUNAWAY CHILDREN/YOUNG PEOPLE

Clear timing of the call for escape

Communication and documentation

The need for regulation of the competence of escape transports

Searching for causes

Extra attention and appropriate support



The basis for any effective intervention is a good relationship

Foto credit: UNICEF